

15-Time National Shag Dance Champion

SPRING SOS SHAG WORKSHOPS

By Sam and Lisa West

All workshops held at the OD Resort Ballroom
\$10 per person per workshop

*Learn Today...
Dance Tonight!*

	BEGINNER Just the Basics 11:00am	INTERMEDIATE I Beyond Basics 12:00pm	INTERMEDIATE II Steps and Patterns 1:00pm
FRIDAY 4/20	Basic, Female Turn, Male Turn, Pivot	Easy Together Step	Lead Follow Inter/Adv Combo
SATURDAY 4/21	Basic, Start, Half Turn, Belly Roll	Lead Follow Combination	Fun Together Step
SUNDAY 4/22	Basic, Rotate, Set Up, Tuck Turns	Hitches and DoDas	Inter. Hot Dog Steps for Men and Ladies
MONDAY 4/23	Basic, Female Turn, Male Turn, Pivot	Turns into Pivots and Pivots with Turns	Pretty Side by Side Together Step
TUESDAY 4/24	Basic, Start, Half Turn, Belly Roll	Fancy Footwork Made Easy	Sweeps and Flybacks
WEDNESDAY 4/25	Basic, Rotate, Set Up, Tuck Turns	2 Short and Sweet Together Steps	Turns and Spins for Intermediate Dancers
THURSDAY 4/26	Basic, Female Turn, Male Turn, Pivot	Easy Hot Dog Steps for Males and Females	Hooks and One-legged Spins
FRIDAY 4/27	Basic, Start, Half Turn, Belly Roll	Turns and Spins Tips and Technique	Apple Jacks and Stutters Combo Step
SATURDAY 4/28	Basic, Rotate, Set Up, Tuck Turns	Easy Side by Side Together Step	Duck Walks and Boogie Walks

DVDs

by Sam and Lisa

**2018 Spring SOS
Workshop DVDs - \$20 each**

All material presented during
SOS workshops available on DVD.

Volume 1 - 12:00 Classes
Intermediate I
Volume 2 - 1:00 Classes
Intermediate II

Beginner Material covered
on Shag U Volume 101

**Special Prices on all DVDs
for workshop attendees.**
1/\$20 2/\$40 3/\$50

Also Available:
A limited number of older
SOS Workshop DVDs.
When they're gone, they're gone.
ONLY \$5 each

About Our Classes:

BEGINNER- Learn the basics or refresh and improve what you know. Classes may be split to accommodate everyone if needed.
INTERMEDIATE I- We assume you know your basics and are ready to add some fancier steps. Great learning experience.
INTER/ADV- Our most challenging classes. Taught with lots of repetition and solid technique.

Two Great Cruises to Choose From!

14th Annual Shagging on the Seas

February 10-17 2019
Carnival Miracle (Tampa, FL)
Cozumel, Belize,
Roatan, Grand Cayman

Shag Workshops
with Sam and Lisa
Cruise DJ
Buck Crumpton



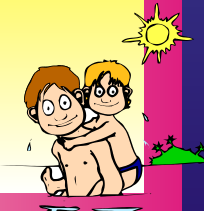
For information on both awesome cruises contact:
Sherrill and Joe Brown 864-473-1433

Take the Kids!

Family Fun Cruise

June 12-17 2019
Carnival Sunshine (Charleston, SC)
Nassau and
Princess Cay

Shag Workshops
and Group Activities
with Sam and Lisa
Cruise DJ
Jimmy Lucree



Hire us for a workshop, club party, or even just for private lessons for you and your friends. Call Sam to schedule: 910-995-3278