



15-Time National Shag Dance Champion

FALL SOS SHAG WORKSHOPS

By Sam and Lisa West

All workshops held at the **OD Resort Ballroom**
\$10 per person per workshop

*Learn Today...
Dance Tonight!*

	BEGINNER Just the Basics 11:00am	INTERMEDIATE I Beyond Basics 12:00pm	INTERMEDIATE II Steps and Patterns 1:00pm
FRIDAY 9/14	Basic, Female Turn, Male Turn, Pivot	Easy Together Step	Lead Follow Inter/Adv Combo
SATURDAY 9/15	Basic, Start, Half Turn, Belly Roll	Lead Follow Combination	Fun Together Step
SUNDAY 9/16	Basic, Rotate, Set Up, Sugarfoot	Fun Belly Rolls	Hot Dog Steps for Men and Ladies
MONDAY 9/17	Basic, Female Turn, Male Turn, Pivot	Short and Sweet Together Step	Pretty Side by Side Together Step
TUESDAY 9/18	Basic, Start, Half Turn, Belly Roll	Pivot/Break Pivot Intensive	Old School Style and Steps
WEDNESDAY 9/19	Basic, Rotate, Set Up, Sugarfoot	Lead and Follow Intensive	Turns into Pivots and more Fancy Steps
THURSDAY 9/20	Basic, Female Turn, Male Turn, Pivot	Boogie Walks Front and Back	It's a "DoDa Day!"
FRIDAY 9/21	Basic, Start, Half Turn, Belly Roll	Easy Hot Dog Steps for Males and Females	Turns and Spins
SATURDAY 9/22	Basic, Rotate, Set Up, Tuck Turns	Easy Side by Side Together Step	Pretty Stutter Steps

NEW

Line Dance with Leigh!

For all line dancers and wanna be line dancers
**Join in on the fun with Leigh Lawrence,
 Certified Line Dance Instructor
 Every day - 10:00-10:50am**

Learn the popular line dances we do at SOS,
 as well as other dances done to beach music,
 pop, and country. For the more seasoned line
 dancers there will be time for open dancing.

Get some great exercise and **HAVE FUN**
 dancing to some awesome tunes.

DVDs by Sam and Lisa

**2018 Fall SOS
 Workshop DVDs - \$20 each**

Volume 1 - 12:00 Classes
 Intermediate I
 Volume 2 - 1:00 Classes
 Intermediate II
 Beginner Material covered
 on Shag U Volume 101

**Special Prices on all DVDs
 for workshop attendees.
 1/\$20 2/\$40 3/\$50**

UPCOMING EVENTS WITH SAM AND LISA:

A VINYL PARTY in memory of the one & only Kebo Davis

KEBO'S KLASSICS

**The Ballroom, Hamlet, NC
 October 26-27**

Kebo loved his music and we all loved Kebo.
 2 fun nights of great 45's!
 Enjoy the Seaboard Festival on Saturday and then
 come on back for more music and dancing.

Weekend D.J.s
 Butch Metcalf Alan Stokes Butch Adeimy
 Buck Crumpton Sam West Jim Quick

Two Great Cruises to Choose From!

14th Annual

Shagging on the Seas

February 10-17 2019
Carnival Miracle (Tampa, FL)

Cozumel, Belize,
 Roatan, Grand Cayman

Shag Workshops
 with Sam and Lisa
 Cruise DJ
 Buck Crumpton



For information
 on both awesome cruises contact:
Sherrill and Joe Brown 864-473-1433

Take the Kids!

Family Fun Cruise

June 12-17 2019
Carnival Sunshine (Charleston, SC)

Nassau and
 Princess Cay

Shag Workshops
 and Group Activities
 with Sam and Lisa
 Cruise DJ
 Jimmy Lucree

